

Assisted Living

Also called: Residential care



Assisted living is for adults who need help with everyday tasks. They may need help with dressing, bathing, eating, or using the bathroom, but they don't need full-time nursing care.

Some assisted living facilities are part of retirement communities. Others are near nursing homes, so a person can move easily if needs change.

Assisted living costs less than nursing home care. It is still fairly expensive. Older people or their families usually foot the bill.

Health and long-term care insurance policies may cover some of the costs. Medicare does not cover the costs of assisted living.

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